

Kokomo School Corporation
K-12 Breakfast School Menu

November 2021

Explain-a-Meal

Choose 3-5

P Protein

G Grain

F Fruit

V Vegetable

M Milk

(1) must be a **F** or **V**

The **definition** of the word **breakfast** is the first meal of the day and its origin was derived from the late Middle English verbs **break** and **fast**. The word literally means to **break** the **fasting** period from the day before.

PAYMENT OPTIONS:

Each student has a cafeteria account. Payments can be made online at www.EZSchoolPay.com. Use EZSchoolPay.com to track purchase history and payment history too!

For more information about KSC Food services, visit

www.kokomoschools.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	P	G	F	V
1 Cinnamon Chex Cereal Mozz Cheese Stick Apple Juice Diced Peaches Milk Choice	2 Parent/Teacher Conferences No School	3 Strawberry Shredded Wheat Cereal Mozz Cheese Stick Grape Juice Diced Pears FF/1% White Milk	4 Mini Maple Pancakes Applesauce Pineapple Chunks Milk Choice	5 Donut Bites Grape Juice Diced Peaches Milk Choice	✓	✓		✓
8 Cherrios Cereal Mozz Cheese Stick Apple Juice Diced Pears Milk Choice	9 Strawberry Bagel Diced Peaches Fruit Cocktail Milk Choice	10 Marshmallow Mateys Cereal Mozz Cheese Stick Apple Juice Diced Peaches Milk Choice	11 The Swirl Baked Apple Slices Diced Pears Milk Choice	12 Blueberry Pancakes Orange Juice Applesauce Milk Choice	✓	✓		✓
15 Cinnamon Toast Crunch Cereal Mozz Cheese Stick Apple Juice Baked Apple Slices Milk Choice	16 Cocoa Puffs Soft Bar Orange Pineapple Juice Diced Pears Milk Choice	17 Blueberry Shredded Wheat Cereal Mozz Cheese Stick Grape Juice Fruit Cocktail Milk Choice	18 Mini Maple Waffles Diced Peaches Applesauce Milk Choice	19 Mini Loaf Choice Applesauce Blueberries Milk Choice	✓	✓		✓
22 Reg Cheerios Cereal Mozz Cheese Stick Fruit Cocktail Apple Juice FF/1% White Milk	23 Breakfast Surprise Grape Juice Diced Peaches Milk Choice	24 Thanksgiving Break No Students	25 Thanksgiving Break No Students	26 Thanksgiving Break No Students	✓	✓		✓
29 Rice Krispies Cereal Mozz Cheese Stick Apple Juice Diced Peaches Milk Choice	30 The Swirl Roll Orange Pineapple Juice Fruit Cocktail Milk Choice							✓

Menu is subject to change.

This institution is an equal opportunity provider.